

Social skills: Definition

Social Skills refers to a descriptive construct

- (1) of social behaviors valued within a certain culture
- (2) that have a high probability of bringing favorable outcomes to an individual, their group, and community
- 3 that can contribute to socially competent interactions during interpersonal tasks.



Del Prette, Z. A., & Del Prette, A. (2021). Social competence and social skills. Springer.

Social skills

- Communication
- Civility
- Making and maintaining friends
- Empathy
- Assertiveness
- Expressing solidarity
- Managing conflicts and solving interpersonal problems

- Expressing affection and intimacy
- Coordinating groups
- Speaking in public





What are social skills' problem in children with special needs?

- No interested in playing with others
- Extremely passive
- Couldn't read body language or facial guesture
- Poor motor planning and regulation
- Emotional dyregulation
- Hitting, kicking, throwing (aggresive behaviour?)









A case study: aggressive behaviors with emotion dysregulation

He supposed to work with peers and participate in the classroom.







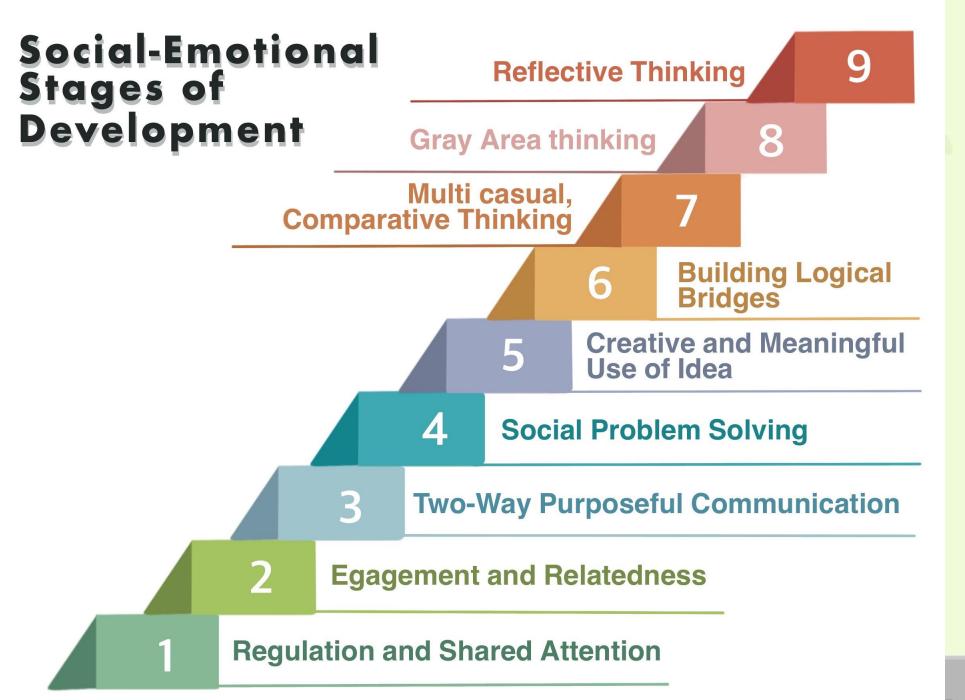
Middle and late childhood: play and work with peers







Infant: calm and joy with closeness, joint attention, back and forth communication (nonverbal & verbal)



How the social skills develop in DIR/Floortime approach?



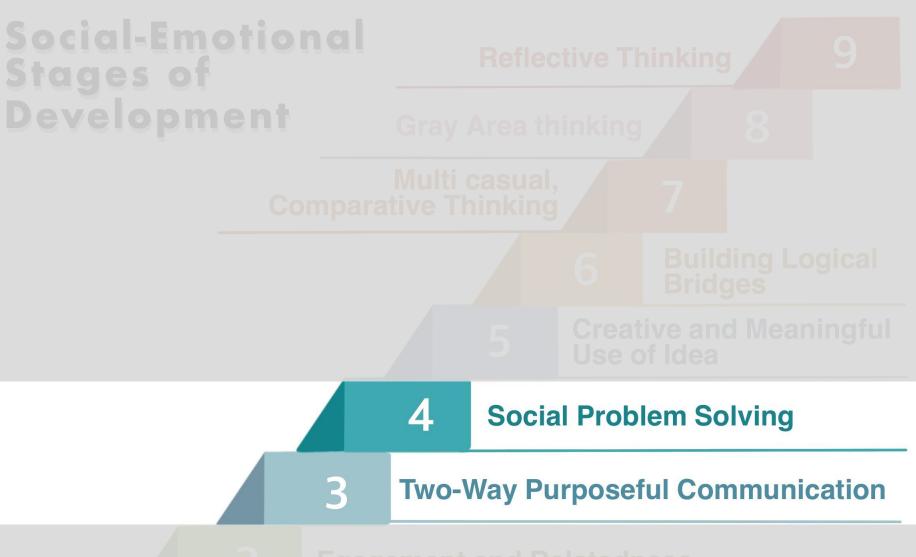


Egagement and Relatedness

Regulation and Shared Attention

Connect





Communicate:

Nonverbal is important



Egagement and Relatedness

Regulation and Shared Attention



Feelings and ideas expression













Techniques





More information and contact

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